We claim:

- 1. An infant formula in tablet form comprising:
 - a) a source of protein, present in the amount of 10 to 20 w/w %;
 - b) a source of carbohydrate, present in the amount of 40 to 70 w/w%;
- 5 c) a source of fat present in the amount of at least 20 w/w%; and;
 - d) the tablet dissolves within 60 seconds when tested according to the manual protocol defined on page 3 of this application at line 28.
 - 2. The formula according to claim 1 in which said fat is present in the quantity of at least 25 w/w%.
- The formula according to claim 1 in which said protein is present in the quantity of 11 to 16 w/w%
 - 4. The formula according to claim 1 in which said carbohydrate is present in the quantity of about 50 to 60 w/w%.
- 5. The formula according to claim 1 in which said protein is selected from the group consisting of intact protein, hydrolyzed protein and amino acids.
 - 6. The formula according to claim 1 wherein the protein comprises intact protein selected from the group consisting of soy based protein, milk based protein, casein protein, whey protein, rice protein, and pea protein.
- The formula according to claim 1 wherein the protein comprises hydrolyzed protein
 selected from the group consisting of soy protein hydrolysate, casein protein
 hydrolysate, whey protein hydrolysate, and rice protein hydrolysate,
 - 8. The formula according to claim 1 wherein the protein comprises free amino acids selected from the group consisting of L-tryptophan, L-tyrosine, L-cystine, L-taurine, L-methionine, L-arginine, and L-carnitine.
- 25 9. The formula according to claim 1 wherein the carbohydrate is selected from the group consisting of hydrolyzed, intact, natural and chemically modified starches sourced from corn, tapioca, rice or potato in waxy or non waxy forms; sugars such as glucose, fructose, lactose, sucrose, maltose, high fructose corn syrup; and mixtures thereof.
- 30 10. The formula according to claim 1 wherein the fat is selected from the group consisting of coconut oil, soy oil, corn oil, olive oil, safflower oil, high oleic safflower

- oil, medium chain triglyceride oil, sunflower oil, high oleic sunflower oil, palm oil, palm olein, canola oil, arachidonic acid and docosahexaneoic acid.
- 11. A method for providing nutrition to an infant comprising dissolving the tablet of claim 1 and feeding the resulting formula to an infant in need thereof.
- 5 12. An article of manufacture comprising the infant formula tablet of claim 1 packaged in a container suitable for distribution to consumer and in which said container has written instructions advising the caregiver to dissolve the tablet in a specified volume of water and administer the solution to an infant.
 - 13. An infant formula in tablet form comprising:
- a) a source of protein, present in the amount of 10 to 20 w/w %;
 - b) a source of carbohydrate, present in the amount of 40 to 70 w/w%;
 - c) a source of fat present in the amount of at least 20 w/w%;
 - d) vitamins and minerals present in the amount to meet at least 10% of the Infant Formula Act specification when properly reconstituted; and
- e) the tablet dissolves within 25 seconds when tested according to the manual protocol defined on page 3 of this application at line 28.
 - 14. An infant formula in tablet form comprising, based on a 100 kcal basis:
 - a) about 8 to about 16 grams of a source of carbohydrate,
 - b) about 3 to about 6 grams of a source of fat
- 20 c) about 1.8 to about 3.3 grams of a source of protein, and;
 - d) the tablet dissolves within 60 seconds when tested according to the mechanical protocol defined on page 4 of this application at line 16.
 - 15. An infant formula in tablet form comprising:
 - a) a source of protein, present in the amount of 10 to 20 w/w %;
- 25 b) a source of carbohydrate, present in the amount of 40 to 70 w/w%;
 - c) a source of fat present in the amount of at least 20 w/w%; and;
 - d) the surface of said tablet is not coated with an oily residue.